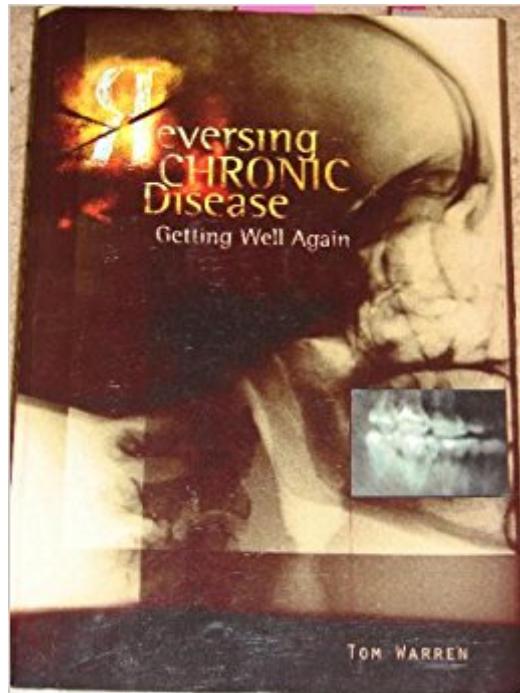




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Reversing Chronic Disease: Getting Well Again



Synopsis

Book by Warren, Tom

Book Information

Hardcover: 277 pages

Publisher: Capital University School of Integrated Medicine (2003)

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Average Customer Review: 5.0 out of 5 starsÂ Â See all reviewsÂ (1 customer review)

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Customer Reviews

Reversing Chronic Disease by Tom Warren is a followup to his first book Beating Alzheimer's. In the second book Tom tells his experience with an environmental doctor and his cleaning up his "breathing zone" and living area in order to not expose his brain to environmental toxins that would not bother most people. At the advice of his environmental doctor he cleaned out his bedroom of things like ink laden newspapers and magazines which would off gas. He advised Tom to live no closer than 5 miles to an Interstate highway where he would be breathing vapors from car exhaust. He advised getting rid of a petroleum based heating system and going to electric heat. When Tom got into a new automobile his brain was affected again when he smelled the off gassing of the toxic chemicals coming off the car's interior. So this book is an in-depth instruction on how to clean up your environment. Tom explained that whenever he would smell chemicals his brain would swell and would lead him to further memory loss. Many people with mercury poisoning, as Tom had from his dental fillings, have chemical sensitivities and have brain symptoms from having mercury in their brains. For further research on Alzheimer's look up Dr. Boyd Haley's interview about his research at the University of Kentucky. The title of the video is "Boyd Haley PhD Discusses Flaws in the Saxe Alzheimer's Study" and appears on the MercuryExposure YouTube channel. Tom's books will give you hope you can stop or slowdown Alzheimer's if you know what to do and you have not waited too long. Don't expect your neurologist to agree with you.

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